[Date]

# [Your suburb] [resident / group / school / workplace / sporting club] to host a fundraiser in support of *beyondblue*

This [date of event], [name of workplace/community group/school/sporting club/individual] is hosting a *beyondblue* fundraiser to raise money that will help improve the lives of people in Australia affected by anxiety, depression and suicide.

The event will involve [describe the nature of your event – e.g. a barbecue, raffle or dress up day], and take place at [location] from [time].

[Name of workplace/community group/school/sporting club/individual] has decided to support *beyondblue* because [include reason for hosting your *beyondblue* Bash. **Please remember** as per our media tips, if you would like to mention that you have been motivated by another person’s experience, such as someone you know who has experienced anxiety or depression, or taken their own life, **you must secure written permission** from that person or their next of kin].

Community members are encouraged to get involved by [outline ways people can become involved in the event if it’s open to the public – e.g. attending on the day, wearing blue, baking for a bake sale etc.].

**CEO Georgie Harman** said *beyondblue* is very grateful to the generous people who dedicate their time and energy to host events to support *beyondblue*’s work.

“One in five Australians is living with depression, anxiety, or both, and tragically eight Australians take their own lives every day. It costs $48 each time a mental health professional at our Support Service responds to a person in need, which means this sum could fund a call which could save a life,” she said.

“Every family, every workplace, every school is touched by depression, anxiety or suicide at some point. We provide practical support and information to help Australians achieve their best possible mental health. Whatever way people chose to support us – we think they are legends.”

### Please see the details of the event below

Date:[Date]

Time: [Time]

**Location:** [Location]

**Activities:** [Briefly summarise what the event will involve, the cost to take part if relevant, and if RSVPs are required]

People can donate to *beyondblue* through this online fundraising page at [your Everyday Hero page link]. For more information on the event, please contact [your full name] on [your phone number/email].

People can learn about hosting a *beyondblue* fundraiser of their own at <http://www.fundraise.beyondblue.org.au/>

**The *beyondblue* Support Service is available by phone 24/7 on 1300 22 4636 or via** [**www.beyondblue.org.au/get-support**](http://www.beyondblue.org.au/get-support) **for online chat (3PM–12AM AEST) or email responses.**